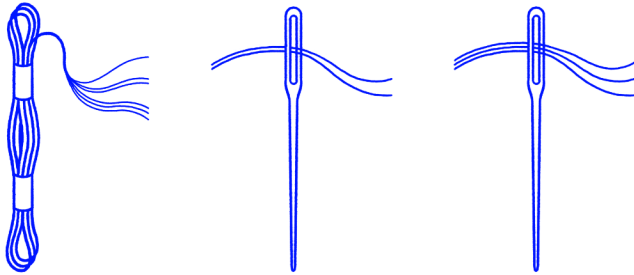


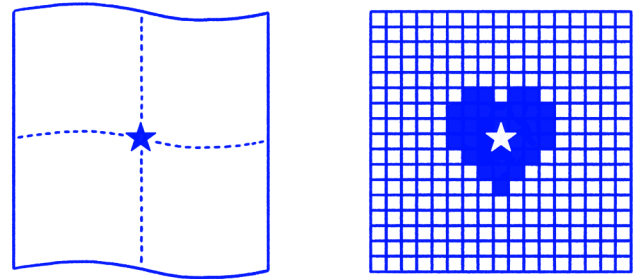
Cross Stitch Quick Start

by Josie Norton

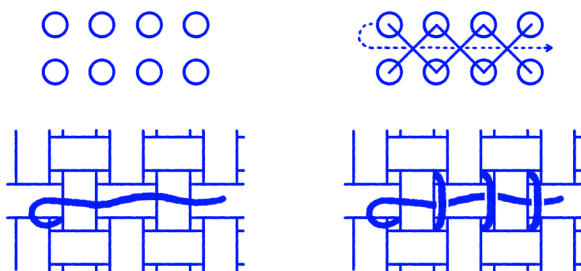
1. Mouliné embroidery floss comes twisted in 6 strands. On 14-count Aida fabric, use 2-3 strands with a No. 24 tapestry needle.



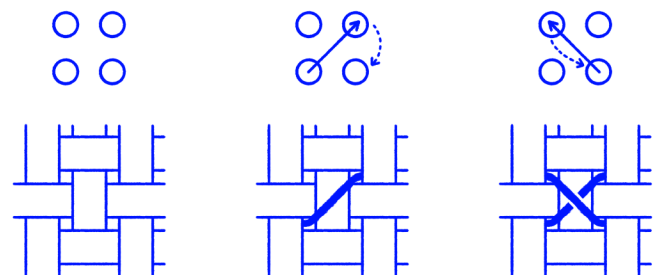
2. Find the center of the Aida fabric by folding into quarters. Start stitching from the center of the pattern.



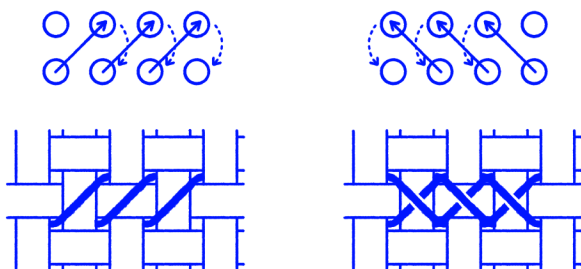
3. On the back of the Aida fabric, catch or thread the tail of the floss under stitches to secure in place.



4. Stitch through the holes and avoid splitting the fabric. Try to keep the tension even for each stitch.



5. Keep all cross stitches facing the same direction for a tidy finish. Work one at a time or in rows.



6. Press out any wrinkles with a hot iron, then display your finished piece in a hoop or frame.

